

# PERSONAL TRAINER

## ABOUT SHP

SHP is one of the leading private health & performance companies in the Middle East. We strive to be at the forefront of the industry and expect top quality services to be delivered by well educated employees. We offer physiotherapy, private personal training, sports performance and nutritional services. Our clientele is multicultural and range from rehabilitation to elite performance. Over the next few years, we expect some large expansions and for many exciting opportunities to arise.

Read more about the company and our values on our website: [www.shpdubai.com](http://www.shpdubai.com)

## OUR IDEAL CANDIDATE IS

- Female (for cultural and religious reasons)
- Enthusiastic, self motivated and confident
- Someone who has excellent interpersonal and communication skills
- Proactive and a team player
- Open minded and keen on continuous development
- Willing to teach/share knowledge with others
- Skilled in exercise science, strength training techniques and program design
- Someone with a sound understanding of dietary influence on health and performance

## EDUCATION & EXPERIENCE

- BSc in Exercise or Movement sciences / sports rehab or Level 4 Personal Trainer
- At least 2 years' work experience, preferably within a multidisciplinary team focusing on strength and conditioning and body composition strategies.

## WHAT SHP CAN OFFER THE CANDIDATE

- Be part of a multidisciplinary and multinational team of health & fitness professionals in one of the world's greatest developing cities with endless opportunities.
- Further development of the SHP training concept with strong emphasis on continuing education and scientific research.
- A flexible working environment
- Sponsorship and residency visa
- Competitive remuneration package
- Medical and professional insurance

**START DATE:** Q4 2016

## INTERESTED OR WANT MORE INFORMATION?

Send us a cover letter and CV to [contact@shpdubai.com](mailto:contact@shpdubai.com)

